

# The 21 Day Fast Prayer Guide

*“This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.”*

*Joshua 1:8*

## 21 Prayers for The 21 Day Fast

### 1. **The Lord’s Prayer and the 7 Redemptive names of God.** *Matthew 6:9; Luke 11:2*

My Righteousness • Healer • Provider • Peace • Presence • Miracle • Shepherd

### 2. **Family Prayer**

*I dedicate my family to God and declare all of my household shall be saved. In our home there shall be kindness, respect, honor and loyalty. We will not argue, but be calm, peaceful, speak respectful and show love to each other. We are healed, healthy and no cancer, diabetes, heart disease nor any disease can enter. We are standing on God’s Word, protected by angels, praying in God’s will, holy and hard workers. We are prosperous, have wisdom in handling money and producing good mothers, fathers and honest citizens. We are our brothers keeper and walking in the plan and purpose of God for our lives.*

### 3. **Release angels to protect, guide and bless your home.** *“He shall give his angels charge over thee to keep thee in all your ways.” Psalms 91:11*

### 4. **Cast demon powers out of our life, your home and nation.** *“These signs shall follow them that believe, in my name they shall cast out devils.” Mark 16:17*

### 5. **Repent of strongholds, sins and weaknesses in your life.** *“If we confess our sins, he is faithful and just, to forgive us our sins, and to cleanse us from all unrighteousness. I John 1:9*

### 6. **Declare complete deliverance from anger, lust, addictions and bondages.** *“Sin shall no more have dominion over you.” Romans 6:14*

### 7. **Loose a spirit of love, joy and peace in your family.** *“But the fruit of the Spirit is love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance.” Galatians 5:22*

### 8. **Ask God to empower you for healings, miracles and signs and wonders.** *“God also bearing them witness, both with signs and wonders, and with divers miracles, and gifts of the Holy Ghost, according to his own will?” Hebrews 2:4*

### 9. **The Healing Prayer**

*I command all sickness, pain and weakness to leave your body. Every symptom must go now. Jesus bore my pain and carried my diseases. All congestion in my lungs must go. Nausea, leave now in Jesus name.*

*Psalms 107:20 says, “He sent his word and healed them, and delivered them from all their destruction.” I will not have cancer, diabetes, Covid or any other sickness. I break every curse over my family. Demons of sickness, Go in Jesus name. I command a spirit of fear to leave. I pray this prayer in faith in the name of Jesus and total healing is accomplished. Father come now with your wonderful healing presence and complete your healing work. Amen*

- 10. Pray for a move of the Holy Spirit to come to every city in America.** *“If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.” 2 Chronicles 7:14*
- 11. Pray for a spirit of repentance over our President, leaders of Congress, governors and elected officials and they would make right decisions to bless our nation.** *“First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way.” 1 Timothy 2:1*
- 12. Bless Israel.** *“Pray for the peace of Jerusalem: they shall prosper that love thee.” Psalms 122:6*
- 13. Release the Financial Blessing Promises**
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| A. The Blessing of Abraham, <i>Genesis 12:2–3</i>        | G. Tithing promise. <i>Malachi 3:8-10</i>                                                |
| B. Isaac’s act of obedience, <i>Genesis 26:12-13</i>     | H. Jesus Blessing, <i>Matt 6:33, Luke 6:38</i>                                           |
| C. Jacob’s vow to tithe, <i>Genesis 28: 20–22</i>        | I. Paul’s Revelation, <i>Phil. 4:13-19</i>                                               |
| D. Multiply me 1,000 times more, <i>Deuteronomy 1:11</i> | J. The covenant of God to make me the head and not the tail, <i>Deuteronomy 28:1–14.</i> |
| E. Power to make wealth, <i>Deuteronomy 8:18</i>         |                                                                                          |
| F. The 100 fold blessing, <i>Isaiah 58</i>               |                                                                                          |
- 14. Command Satan to restore seven times what he has stolen.** *“When the thief is found, he must restore seven times.” Proverbs 6:31*
- 15. Pray for a fresh infilling of the Holy Spirit.** *“And ye shall receive power after that the Holy Ghost shall come upon you and you shall be witnesses.” Acts 1:8*
- 16. Declare you are a soul winner and the Holy Spirit has given you great power to cast out demons.** *“Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.” Luke 10:19*
- 17. Pray for a fresh anointing of the Holy Spirit over Pastor Bob and Margaret Rodgers.** *“The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the year of the favor of God.” Luke 4:18-19*
- 18. Release wisdom, health, long life, righteousness and prosperity over each of your children.** *“Train up a child in the way he should go and when he is old, he will not depart from it.” Proverbs 22:6*
- 19. Ask the Holy Spirit to send someone to cross your path that will bless you and you can bless.** *“The steps of a good man are ordered by the LORD: and he delighteth in his way.” Psalms 37:23*
- 20. Petition a spirit of wisdom to be upon you in handling money and your church giving will increase.** *“Let them shout for joy, and be glad, that favor my righteous cause: yea, let them say continually, Let the LORD be magnified, which hath pleasure in the prosperity of his servants.” Psalms 35:27*
- 21. Ask Jesus to return quickly and declare “Something good is going to happen to me today.”** *“He which testifieth these things saith, Surely I come quickly. Amen. Even so, come, Lord Jesus.” Revelations 22:20*